

**Beachwalk Suggested Species List**

prepared by Beachwalk Natural Resources Group

2022

**Scientific Name**

**Common Name**

**GRASSES AND SEDGES**

<i>Ammophila breviligulata</i>	Marram Grass "beach grass"
<i>Bouteloua curtipendula</i>	Side Oats Grama
<i>Carex bicknellii</i>	Copper-shouldered Oval Sedge
<i>Carex blanda</i>	Common Wood Sedge
<i>Carex brevior</i>	Plains Oval Sedge
<i>Carex muskingumensis</i>	Palm Sedge
<i>Carex pennsylvanica*</i>	Common Oak Sedge
<i>Carex plantaginea</i>	Plantain-leaved sedge
<i>Carex rosea</i>	Curly-styled Wood Sedge
<i>Carex shortiana</i>	Short's Sedge
<i>Carex stricta</i>	Tussock Sedge
<i>Carex vulpinoidea</i>	Brown Fox Sedge
<i>Chasmanthium latifolium*</i>	Northern Sea Oats
<i>Deschampsia cespitosa</i>	Tufted Hair Grass
<i>Elymus hystrix*</i>	Bottlebrush Grass
<i>Eragrostis spectabilis</i>	Purple Lovegrass
<i>Koeleria macrantha</i>	June Grass
<i>Panicum virgatum</i>	Switchgrass
<i>Schizachyrium scoparium*</i>	Little Bluestem
<i>Sporobolus heterolepis</i>	Prairie Dropseed

**SHRUBS**

<i>Amelanchier arborea</i>	Juneberry Serviceberry Shadbush
<i>Ceanothus americanus</i>	New Jersey Tea
<i>Cercis canadensis</i>	Redbud
<i>Cornus alternifolia</i>	Pagoda Dogwood
<i>Corylus Americana</i>	American Hazelnut
<i>Hamamelis virginiana</i>	American Witchhazel
<i>Lindera benzoin</i>	Spicebush
<i>Physocarpus opulifolius</i>	Ninebark
<i>Potentilla fruticose</i>	Shrubby Cinquefoil
<i>Rosa blanda</i>	Early Wild Rose
<i>Rosa carolina</i>	Carolina Rose
<i>Rosa setigera</i>	Illinois Rose (climber)
<i>Sambucus canadensis</i>	Elderberry
<i>Spiraea alba</i>	Meadowsweet
<i>Viburnum lentago</i>	Nannyberry Viburnum
<i>Viburnum prunifolium</i>	Blackhaw Viburnum
<i>Viburnum trilobum</i>	Highbush Cranberry Viburnum

## VINES

*Clematis virginiana* Virgin's Bower  
*Parthenocissus quinquefolia\*\** Virginia Creeper

## WILDFLOWERS

*Actaea pachypoda* White Baneberry  
*Actaea rubra* Red Baneberry  
*Allium cernuum\** Nodding Wild Onion  
*Amorpha canescens* Lead Plant  
*Aquilegia canadensis* Wild Columbine  
*Aralia racemose* Spikenard  
*Asarum canadense\** Wild Ginger  
*Asclepias incarnata* Swamp Milkweed  
*Asclepias syriaca* Common Milkweed  
*Asclepias tuberosa* Butterfly Weed  
*Asclepias verticillata\** Whorled Milkweed  
*Baptisia leucantha* White Wild Indigo  
*Baptisia leucophaea* Cream Wild False Indigo  
*Callirhoe involucrata* Purple Poppy Mallow  
*Campanula rotundifolia* Harebell  
*Caulophyllum thalictroides* Blue Cohosh  
*Chelone glabra* Turtlehead  
*Coreopsis lanceolata\*\** Sand Coreopsis  
*Coreopsis palmata\*\** Prairie Coreopsis  
*Coreopsis tripteris* Tall Coreopsis  
*Dalea candida* White Prairie Clover  
*Dalea purpurea* Purple Prairie Clover  
*Echinacea pallida* Pale Purple Coneflower  
*Echinacea purpurea* Purple Coneflower  
*Eryngium yuccifolium\** Rattlesnake Master  
*Eupatoriadelphus maculatus\** Spotted Joe Pye Weed  
*Eupatorium perfoliatum* Common Boneset  
*Eupatorium purpureum\** Purple Joe Pye Weed  
*Euphorbia corollate* Flowering Spurge  
*Eurybia divaricata* White Wood Aster  
*Eurybia macrophylla* Big-leaved Aster  
*Euthamia graminifolia* Grass-leaved Goldenrod  
*Eutrochium fistulosum* Joe-Pye Weed  
*Filipendula rubra* Queen of the Prairie  
*Fragaria virginiana* Wild Strawberry  
*Gallenia (Porteranthus) trifoliata* Bowman's Root  
*Gentiana andrewsii* Bottle Gentian  
*Geranium maculatum\** Wild Geranium  
*Helenium autumnale* Sneezeweed  
*Helianthus mollis* Downy Sunflower  
*Helianthus occidentalis* Western Sunflower  
*Heliathus divaricatus* Woodland Sunflower

<i>Heliopsis helianthoides</i>	False Sunflower
<i>Hepatica nobilis</i> Schreb. var <i>acuta</i>	Sharp-lobed Hepatica
<i>Heuchera richardsonii</i>	Prairie Alumroot
<i>Hypericum punctatum</i>	Spotted St John's Wort
<i>Lespedeza capitata</i>	Round-headed Bush Clover
<i>Liatris aspera</i>	Rough Blazing Star
<i>Liatris cylindracea</i>	Cylindric Blazing Star
<i>Liatris pycnostachya</i>	Prairie Blazing Star
<i>Lupinus perennis</i>	Lupine
<i>Mertensia virginica</i> ***	Virginia Bluebells
<i>Monarda fistulosa</i> **	Wild Bergamot
<i>Monarda punctata</i>	Spotted Bee Balm
<i>Oligoneuron album</i>	Stiff Aster Prairie Goldenrod
<i>Oligoneuron ohioense</i>	Ohio Goldenrod
<i>Oligoneuron riddellii</i>	Riddells Goldenrod
<i>Oligoneuron rigidum</i>	Stiff Goldenrod
<i>Pachysandra procumbens</i> *	Allegheny Spurge
<i>Parthenium integrifolium</i>	Wild Quinine
<i>Penstemon digitalis</i> *	Foxglove Beardtongue
<i>Phlox divaricata</i>	Woodland Phlox
<i>Pycnanthemum virginianum</i>	Common Mountain Mint
<i>Ratibida pinnata</i>	Yellow Coneflower
<i>Rudbeckia hirta</i>	Black-eyed Susan
<i>Rudbeckia lancinata</i>	Cut-leaf Coneflower
<i>Rudbeckia speciosa</i> var. <i>sullivantii</i>	Showy Black-eyed Susan
<i>Rudbeckia subtomentosa</i>	Sweet Coneflower
<i>Rudbeckia triloba</i>	Brown-eyed Susan
<i>Ruellia humilis</i> *	Wild Petunia
<i>Silene regia</i>	Royal Catchfly
<i>Silene stellate</i>	Starry Campion
<i>Silphium integrifolium</i>	Rosinweed
<i>Silphium laciniatum</i>	Compass Plant
<i>Solidago caesia</i>	Blue-stemmed Goldenrod
<i>Solidago flexicaulis</i>	Broad-leaved Goldenrod
<i>Solidago speciosa</i> *	Showy Goldenrod
<i>Solidago ulmifolia</i>	Elm-leafed Goldenrod
<i>Symphyotrichum laeve</i> **	Smooth Blue Aster
<i>Symphyotrichum nova-angliae</i>	New England Aster
<i>Symphyotrichum oblongifolium</i>	Aromatic Aster
<i>Symphyotrichum oolentangiense</i> **	Sky-blue Aster
<i>Tradescantia ohiensis</i>	Common Spiderwort
<i>Verbena hastata</i>	Blue Vervain
<i>Verbena stricta</i>	Hoary Vervain
<i>Verbesina alternifolia</i>	Wingstem
<i>Vernonia fasciculata</i>	Ironweed
<i>Veronicastrum virginicum</i>	Culver's Root
<i>Viola pedata</i>	Bird's Foot Violet

*Zizia aurea*\*\*  
\*Spreads reseeds

Golden Alexanders  
\*\*Aggressive spreader

### **FERNS**

*Fern Adiantum pedatum*  
*Fern Athyrium filix-femina*  
*Fern Dryopteris carthusiana*  
*Fern Dryopteris goldiana*  
*Fern Dryopteris marginalis*  
*Fern Matteucia struthiopteris*  
*Fern Onoclea sensibilis*  
*Fern Osmunda cinnamomea*  
*Fern Osmunda regalis*  
*Fern Polystichum acrostichoides*

Northern Maidenhair Fern  
Lady Fern  
Toothed Wood Fern  
Goldie's Wood Fern  
Leather Wood Fern  
Ostrich Fern  
Sensitive Fern  
Cinnamon Fern  
Royal Fern  
Christmas Fern

### **SOURCES**

<https://www.prairienursery.com/> Mail Order Very popular  
<https://www.possibilityplace.com/> Mail Order and wholesale Monee, IL  
<https://www.naturalgardennatives.com/> Landscapers, Wholesale only  
<https://www.cardnonativeplantnursery.com/> Wholesale, Retail order over\$100 35 minutes from Beachwalk

### **PLANT SALES**

Friends of Indiana Dunes <https://dunefriends.org/native-plant-sale-2022>  
Friends of the Sands <https://friends-of-the-sands.com/native-plant-sale/>  
Gibson Woods Chapter of Wild Ones <http://www.gw-wildones.org/plant-sale-1.html>

### **UNDESIRABLE GRASS SPECIES**

*Miscanthus sinensis* Please Avoid use of these species in Beachwalk  
Over 100 Cultivars  
Chinese Silvergrass  
Maidenhair Grass  
Eulalia  
Zebra Grass  
*Pennisetum alopecuroides* Maiden Grass  
Chinese Fountain Grass  
*Leymus arenarius* Foxtail Grass  
Lyme Grass  
*Molinia caerulea* Purple Moor Grass